



Elena Sanfeliu Sabater

EDUCATOR · CHEMIST ·
FACILITATOR ·
CREATIVE PROCESS GUIDE

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Skills

ACCOMPANIMENT OF YOUNG
PEOPLE AND ADULTS

GROUP FACILITATION AND
DIALOGUE CIRCLES

SELF-AWARENESS AND
GUIDANCE

SCIENCE EDUCATION

SCIENTIFIC, SYSTEMIC AND
ECOSOCIAL THINKING

RESTORATIVE PRACTICES AND
MEDIATION

SYMBOLIC AND CREATIVE
PROCESSES

DESIGNING MEANINGFUL
LEARNING EXPERIENCES

SCIENCE COMMUNICATION
AND RESEARCH

PROJECT AND COMMUNITY
DEVELOPMENT

I accompany personal and collective processes through depth, systemic awareness, deep listening, honest expression, creativity and care. I am moved by creating connections between what is visible and what remains unseen, helping people give words and form to what is still emerging, and opening spaces where they can ask meaningful questions and find their way with greater awareness.

Experience and projects

Artdànima

Since 2015 · Independent project

A space for creative accompaniment and self-care through artistic expression and presence. A sustained practice of creative encounters where I facilitate self-inquiry, connection, creativity and symbolic exploration.

Secondary School Teacher

Generalitat de Catalunya 2006 - 2026

Teacher of Physics and Chemistry, Mathematics, research projects and meaningful learning proposals. Class tutor and mentor in times of change. Facilitator of dialogue circles and group dynamics to promote well-being and awareness.

Mediator and Trainer

Ins. Angeleta Ferrer, Bcn 2023 - 2025

Design and implementation of project-based learning, STEAM, autonomous learning, formative assessment, Presentations of Learning (POL), peer mediation and teacher training in restorative practices.

El camí de la Felicitat

(The path of happiness)

Magnet Ins. La Serreta 2021 - 2023

Facilitation of the improvement process of a 2nd-year ESO interdisciplinary project, together with the teaching team, to orient it towards self-knowledge, wellbeing, personal reflection and meaningful learning.

Projectes de Recerca per la Vida (Research Projects for Life)

Ins. Leonardo da Vinci · 2016 - 2020

Creation of a 4th-year ESO subject connecting research, personal questions, adolescent wellbeing and critical thinking.

Docent Aula Oberta

Open Classroom Teacher

Institut Leonardo da Vinci
2018 - 2020

Co-creation and tutoring of an inclusive educational space based on globalised methodologies, project-based learning and support for students with diverse needs.

Founding parent and co-creator of L'Arbreda

2009 - 2017 · Valldoreix

President of Associació l'Arbreda Espai de Creixement Familiar. Co-creator of the pedagogical project of this living education space and facilitator of community-building processes.

Co-creator and Facilitator of Dynamón

2003 - 2006

Education, communication and public participation project. Design and facilitation of dialogues to reflect on the role of science, its values and its impacts.

Coordinator and Science Communicator

Institut de Cultura de Barcelona
2002 - 2004

Co-design of science outreach activities and coordination of the operation, use and content development of the first phase of the Mediateca project in science centres and museums.

Teaching role at UAB university

Dep. Química Orgànica
1998 - 2002

Teacher in the Faculties of Biology and Chemistry, and teacher of the course Science and Technology for Peace for master's and doctoral students.

Personal path and training

My training reflects a path that has always moved in two directions at once: outward, towards understanding how the world works; and inward, towards understanding how I function as a human being.

Accompaniment and personal processes

- **Gene Keys**, The Golden Path · Richard Rudd · 2024 - ongoing,
- **Strategic Brief Therapy and NLP** · Bernardo Ortín · 2020
- **Soul readings and alchemy of consciousness** · Sergi Aynó · 3 years of continuous training · 2013-2016
- **Empathy and Self-Empathy, CNV** · Helen Adamson · 2012 -2013

Body, presence and self-care

- **Artdànima** 2015 - ongoing
- **Mindfulness** · Roser Tordera · 2022
- **Medicine Woman · Rainbow Woman · other trainings** Sophia Style / Gemma Polo · 2015 - 2022
- **Meditation** · Garraf Buddhist Monastery · 2006 - 2007
- **loga lyengar** · 18 years of continuous practice · 2004 - 2022

Education, systemic perspective and group processes

- **Training of Trainers in Global Restorative Practice** · ICE-IDP UB · 2023
- **Dialogue Circles and Harm Repair** · Héctor Valle · 2022
- **Restorative perspective in education** · Fil a l'Agulla · 2021
- **Community Service** · CRP St. Cugat del Vallès · 2018
- **Empowered Teachers** · Sara Carro · Fil a l'agulla i Grundkraft · 2014 - 2015
- **Annual Training in Group Facilitation · Process Work** · Treball de Processos · Fil a l'Agulla · 2013 - 14
- **The Art of Being Inside and Outside** · Fil a l'Agulla · 2013
- **Participatory Methodologies** · Mireia Parera i Aitana Martín · 2013
- **Systemic Pedagogy** in the Classroom · 2010 · and in social intervention · Xavi Vaquero · MES · 2019
- **Montessori Education in the 21st Century** · Montessori Canela · 2011
- **Training in Living Education** · P. Juan, V. Antón, G. Zabala i S. López · La Caseta · Bcn · 2008 - 2009
- **Emotional Education** · Meritxell Obiols · Department of Education · 2006
- **Environmental and peace activism** · Nature group and citizen movements · 1995–2007
- **Youth hiking and outdoor activities leader** · Club Muntanyenc Sant Cugat · 1995–2000

Academic education

Certificate of Pedagogical Aptitude

Institute of Education Sciences · Autonomous University of Barcelona · 2004

PhD in Organic Chemistry

In the field of stereoselective synthesis of biomolecules · Autonomous University of Barcelona · 1996 - 2002

Complexity and Life

Fritjof Capra and Brian Goodwin · Schumacher College · University of Plymouth · UK · 2004

Master's Degree in Science Communication

Specialisation in Museology · Pompeu Fabra University · 2002-2004

Youth and Children's Leisure-time Activities Instructor

Fundació Pere Tarrés · 1996